

Affective Vocabulary (1)

Positive Feelings			
Intense	Strong	Moderate	Mild
loved adored idolized	enhanced infatuated tender	liked cared-for esteemed affectionate fond	friendly regarded
alive	vibrant independent capable happy great proud gratified	excited patient strong good inspired anticipated strong amused	wide awake at ease relaxed comfortable content keen amazed alert sensitive
wanted lustful worthy respected empathic awed	worthy passionate admired sympathetic important concerned appreciated consoled	secure yearning popular peaceful appealing determined	sure attractive approved untroubled graceful
elation enthusiastic zealous turned-on	delighted eager optimistic joyful courage hopeful	pleased excited interested jolly relieved glad	warm amused
courageous	valiant brave brilliant	venturous peaceful intelligent	daring comfortable smart

Affective Vocabulary (2)

Negative Feelings			
Intense	Strong	Moderate	Mild
hate unloved abhor loathed despised	disgusted resentful bitter detested fed-up	suspicious envious aversion	unpopular
angry hurt miserable pain lonely cynical exhausted	frustrated sad depressed sick dissatisfied fatigued	dejected unhappy bored bad disappointed wearied	listless moody lethargic gloomy dismal discontented tired
worthless impotent futile abandoned estranged degraded torn-up	worn out useless weak hopeless forlorn rejected guilty	inadequate ineffectual helpless resigned apathetic shamed	indifferent unsure impatient dependent unimportant
humiliated alienated	embarrassed inhibited	shy uncomfortable	bashful self-conscious
shocked panicky trapped horrified afraid scared terrified threatened	bewildered frightened anxious dismayed apprehensive dreadful disturbed	baffled confused nervous tempted tense worried perplexed troubled	puzzled edgy upset reluctant timid mixed-up
infuriated furious	antagonistic vengeful indignant mad pissed-off	disdainful contempt alarmed annoyed provoked	sullen