

CALENDAR OF EVENTS

COUN 200 • SPRING 2018

**Class meets on Wednesdays
ED 55, in "The Atrium"
1:00 p.m. to 3:50 p.m.**

Week 1: Wednesday, January 18, 2018

Introductions; getting to know you
The various kinds of helping professions;
how they're interrelated and how they're different.
What is counseling, anyway?
The Core Conditions of Counseling
Tour of Counseling Lab
Use of the Internet in counselor training
 Assignment: Martin: Chapter 1 - The Third Alternative: Evocative Empathy
Chapter 2 - Learning to Hear

Week 2: Wednesday, January 24, 2018

Issues of wellness; essential preventative
measures for counselor AND client!
The Core Conditions of Counseling (continued)
Introduction to the Carkhuff Rating Scale
Basic Skill Screening Pre-Test
 Assignment: Martin: Chapter 3 - Finding the Words
Chapter 4 - Confronting Experience
Chapter 13 - Other Formats: Building on the Foundation

Week 3: Wednesday, January 31, 2018

Beginning the counseling process
Basic Listening skills
Basic Skill Screening Pre-Test (continued)
• **Vignettes Posted: AB**
 Assignment: Martin: Chapter 5 - The Basic Principle: The Client is the
Problem Solver

Week 4: Wednesday, February 7, 2018

Basic listening skills

More on the Carkhuff Rating Scale

Introduction to the systems perspective as a way to conceptualize clients and their concerns.

Skills development with the "vignette tape"

• **Vignettes Posted: CD**

Professional Content Update #1 due next week

Assignment: Martin: Chapter 6 - Relationship Issues
Chapter 9 - Learning to Hear

Week 5: Wednesday, February 14, 2018

Professional Content Update #1 due

Self-disclosure, Genuineness, Immediacy: The "higher-order skills"

Finish "vignette tape"

Putting the client in charge of her/his life. Changing the system!

How self-determination affects health and general wellness.

Confronting your client

• **Vignettes Posted: EF**

Assignment: Martin: Chapter 10 - Assessment
Chapter 11 - Ethical Issues

Week 6: Wednesday, February 21, 2018

Rogers tape

More on general counseling strategies/techniques

Review of skills

Fishbowl counseling; consider systemic issues.

• **Vignettes Posted: GH**

Assignment: Ethical Standards (handout; read designated sections)

Assignment: Martin: Chapter 12 - Beginning and Ending
Chapter 14 - Taking Care of Yourself
Chapter 15 - Why Theory and Evidence

Week 7: Wednesday, February 28, 2018

Discussion of "ethics"; Tarasoff, mandated reporting, confidentiality

More on professional organizations and credentialing bodies.

Print pages 4 - 7 of the ACA Code of Ethics found on the class website

<http://hdansmith.com/coun200.html>

Bring to class for all-day session on professional ethics.

• **Vignettes Posted: IJ - THESE WILL BE OPERATIONAL FOR TWO WEEKS!**

Assignment: Exam next week; Martin Chapters 1-6, 9-15; ethics

Week 8: Wednesday, March 7, 2018

Exam. Martin Chapters 1-6, 9-15; ethics, class discussion

Professional Content Update #2 due next week

Week 9: Wednesday, March 14, 2018

Professional Content Update #2 due

More on general counseling strategies/techniques

Review of skills

Fishbowl counseling

• **Vignettes Posted: KL**

Assignment: Martin: Chapter 8 - Beyond Skills
Appendix B - On Being a Client

Week 10: Wednesday, March 21, 2018

NO CLASS - Dan is at a conference (presenting)

This will be a good time to practice your skills . . .

• **Vignettes Posted: MN - THESE WILL BE OPERATIONAL FOR TWO WEEKS!**

Week 11: Wednesday, March 28, 2018

NO CLASS - We're on Spring Break

This will be a good time to practice your skills . . .

Week 12: Wednesday, April 4, 2018

NO CLASS - Dan is in Washington D.C., lobbying Congress for expanded opportunities for LMFTs and LPCCs within the Medicare program. Bad timing, but it has to happen!

This will be a good time to practice your skills . . .

• **Vignettes Posted: OP**

Assignment: Practice your counseling skills on everyone you know. Don't tell them!

Week 13: Wednesday, April 11, 2018

Professional Content Update #3 due

More on general counseling strategies/techniques

Review of skills

Work in fishbowl or booths

• **Vignettes Posted: QR**

Assignment: Practice your counseling skills on everyone you know. Don't tell them!

Assignment: Martin: Chapter 16 - The Nature of Emotional Problems
Chapter 17 - A Theoretical Understanding of Therapy

Week 14: Wednesday, April 18, 2018

Work in booths

• **Vignettes Posted: ST**

Assignment: Practice your counseling skills.

Assignment: Martin: Chapter 18 - Research Evidence

Week 15: Wednesday, April 25, 2018

Janaelyn is in charge today!

Dan is at CAMFT Annual Conference

Assignment: Practice your counseling skills.

Week 16: Wednesday, May 2, 2018

Work in booths

Assignment: Practice your counseling skills.

Week 17: Wednesday, May 9, 2018 - FINAL DAY OF CLASS

Work in booths

Assignment: Practice your counseling skills.

Assignment: Final Exam next week. Comprehensive; essay . . .

----- **End of Regular Class Meetings** -----

Week 18: Wednesday, May 16, 2018 - FINAL EXAM

FINAL EXAM SCHEDULE: Wednesday, May 16 from 1:00 p.m. to 3:00 p.m.

FINAL EXAMINATION: Martin Chapters 8, & 16-18; ethics, discussion.