

CALENDAR OF EVENTS

**Class meets on Wednesdays
ED 055, in "The Atrium"
1:00 p.m. to 3:50 p.m.**

Week 1: Wednesday, August 21, 2019

Introductions; getting to know you
The various kinds of helping professions;
how they're interrelated and how they're different.
What is counseling, anyway?
The Core Conditions of Counseling
Tour of Counseling Lab
Use of the Internet in counselor training
 Assignment: Martin: Chapter 1 - The Third Alternative: Evocative Empathy
Chapter 2 - Learning to Hear

Week 2: Wednesday, August 28, 2019

Issues of wellness; essential preventative
measures for counselor AND client!
The Core Conditions of Counseling (continued)
Introduction to the Carkhuff Rating Scale
Basic Skill Screening Pre-Test
 Assignment: Martin: Chapter 3 - Finding the Words
Chapter 4 - Confronting Experience
Chapter 13- Other Formats: Building on the
Foundation

Week 3: Wednesday, September 4, 2019

Beginning the counseling process

Basic Listening skills

Basic Skill Screening Pre-Test (continued)

• **Vignettes Posted: AB**

- Assignment:** Martin: Chapter 5 - The Basic Principle: The Client is the Problem Solver

Week 4: Wednesday, September 11, 2019

Basic listening skills

More on the Carkhuff Rating Scale

Introduction to the systems perspective as a way to conceptualize clients and their concerns.

Skills development with the "vignette tape"

• **Vignettes Posted: CD**

- Professional Content Update #1 due next week**

- Assignment:** Martin: Chapter 6 - Relationship Issues
Chapter 9 - Learning to Hear

Week 5: Wednesday, September 18, 2019

Professional Content Update #1 due

Self-disclosure, Genuineness, Immediacy: The "higher-order skills"

Finish "vignette tape"

Putting the client in charge of her/his life. Changing the system!

How self-determination affects health and general wellness.

Confronting your client

• **Vignettes Posted: EF**

- Assignment:** Martin: Chapter 10 - Assessment
Chapter 11 - Ethical Issues

- Assignment:** **Ethical Standards (download; read designated sections)**
http://hdansmith.com/200pdf/ACA_code_A-B.pdf

Week 6: Wednesday, September 25, 2019

ETHICS all day long. Bring your Ethics Download!

Discussion of "ethics"; Tarasoff, mandated reporting, confidentiality

More on professional organizations and credentialing bodies.

• **Vignettes Posted: GH - THESE WILL BE OPERATIONAL FOR TWO WEEKS!**

- Assignment:** Martin: Chapter 12 - Beginning and Ending
Chapter 14 - Taking Care of Yourself
Chapter 15 - Why Theory and Evidence

- Assignment:** Exam next week; Martin Chapters 1-6, 9-15; ethics

Week 7: Wednesday, October 2, 2019

Exam. Martin Chapters 1-6, 9-15; ethics, class discussion

Week 8: Wednesday, October 9, 2019

More on general counseling strategies/techniques

Work in fishbowl or booths; do we notice any wellness issues that may be emerging in our fishbowl work?

Professional Content Update #2 due next week

• **Vignettes Posted: IJ**

Week 9: Wednesday, October 16, 2019

Professional Content Update #2 due

More on general counseling strategies/techniques

Work in fishbowl or booths

• **Vignettes Posted: KL**

Week 10: Wednesday, October 23, 2019

Work in fishbowl or booths

• **Vignettes Posted: MN**

Assignment: Martin: Chapter 16 - The Nature of Emotional Problems
Chapter 17 - A Theoretical Understanding of Therapy

Week 11: Wednesday, October 30, 2019

Work in fishbowl or booths

• **Vignettes Posted: OP**

Assignment: Practice your counseling skills on everyone you know.
Don't tell them! Be mindful of systemic issues.

Professional Content Update #3 due next week

Week 12: Wednesday, November 6, 2019

Professional Content Update #3 due

Review of skills

Work in fishbowl or booths

• **Vignettes Posted: QR**

Assignment: Practice your counseling skills on everyone you know.
Don't tell them!

Assignment: Martin: Chapter 8 - Beyond Skills
Appendix B - On Being a Client

Week 13: Wednesday, November 13, 2019

Review of skills

Work in fishbowl or booths

• **Vignettes Posted: ST - THIS IS THE FINAL VIGNETTE ASSIGNMENT!**

Assignment: Practice your counseling skills on everyone you know.
Don't tell them!

Assignment: Martin: Appendix A - Observing Bob Lee
Appendix A - Observing David Martin
Appendix A - Observing Morgan Henderson

Week 14: Wednesday, November 20, 2019

Work in booths

Assignment: Practice your counseling skills.

Assignment: Martin: Chapter 18 - Research Evidence

Week 15: Wednesday, November 27, 2019 - No Class Today. Thanksgiving!
ENJOY YOUR FRIENDS AND FAMILY, AND BE THANKFUL

Week 16: Wednesday, December 4, 2019

Work in booths

Assignment: Practice your counseling skills on everyone you know. Don't tell them!

Week 17: Wednesday, December 11, 2019 - FINAL DAY OF CLASS

Work in booths

Assignment: Practice your counseling skills on everyone you know. Don't tell them!

Assignment: Final Exam next week. Comprehensive; essay . . .

----- **End of Regular Class Meetings** -----

Week 18: Wednesday, December 18, 2019 - FINAL EXAM

FINAL EXAM SCHEDULE: Wednesday, December 18 from 1:15 p.m. to 3:15 p.m.

FINAL EXAMINATION: Martin Chapters 8, & 16-18; ethics, discussion.