



## CALENDAR OF EVENTS

**Class meets on Wednesdays  
ED 055, in "The Atrium"  
1:00 p.m. to 3:50 p.m.**

### **Week 1: Wednesday, August 29, 2018**

Introductions; getting to know you  
The various kinds of helping professions;  
how they're interrelated and how they're different.  
What is counseling, anyway?  
The Core Conditions of Counseling  
Tour of Counseling Lab  
Use of the Internet in counselor training  
 **Assignment:** Martin: Chapter 1 - The Third Alternative: Evocative Empathy  
Chapter 2 - Learning to Hear

### **Week 2: Wednesday, September 5, 2018**

Issues of wellness; essential preventative  
measures for counselor AND client!  
The Core Conditions of Counseling (continued)  
Introduction to the Carkhuff Rating Scale  
Basic Skill Screening Pre-Test  
 **Assignment:** Martin: Chapter 3 - Finding the Words  
Chapter 4 - Confronting Experience  
Chapter 13- Other Formats: Building on the  
Foundation

**Week 3: Wednesday, September 12, 2018**

Beginning the counseling process  
Basic Listening skills  
Basic Skill Screening Pre-Test (continued)

• **Vignettes Posted: AB**

- Assignment:** Martin: Chapter 5 - The Basic Principle: The Client is the Problem Solver

**Week 4: Wednesday, September 19, 2018**

Basic listening skills  
More on the Carkhuff Rating Scale  
Introduction to the systems perspective as a way to conceptualize clients and their concerns.  
Skills development with the "vignette tape"

• **Vignettes Posted: CD**

- Professional Content Update #1 due next week**
- Assignment:** Martin: Chapter 6 - Relationship Issues  
Chapter 9 - Learning to Hear

**Week 5: Wednesday, September 26, 2018**

**Professional Content Update #1 due**

Self-disclosure, Genuineness, Immediacy: The "higher-order skills"  
Finish "vignette tape"  
Putting the client in charge of her/his life. Changing the system!  
How self-determination affects health and general wellness.  
Confronting your client

• **Vignettes Posted: EF**

- Assignment:** Martin: Chapter 10 - Assessment  
Chapter 11 - Ethical Issues
- Assignment:** **Ethical Standards (download; read designated sections)**

**Week 6: Wednesday, October 3, 2018**

*ETHICS all day long. Bring your Ethics Download!*

• **Vignettes Posted: GH - THESE WILL BE OPERATIONAL FOR TWO WEEKS!**

- Assignment:** Martin: Chapter 12 - Beginning and Ending  
Chapter 14 - Taking Care of Yourself  
Chapter 15 - Why Theory and Evidence
- Assignment:** Exam next week; Martin Chapters 1-6, 9-15; ethics

**Week 7: Wednesday, October 10, 2018**

**Exam.** Martin Chapters 1-6, 9-15; ethics, class discussion

**Dan is at a counseling conference in Minneapolis, MN** . . . someone will be here to administer the exam.

**Week 8: Wednesday, October 17, 2018**

Discussion of "ethics"; Tarasoff, mandated reporting, confidentiality

More on professional organizations and credentialing bodies.

**Professional Content Update #2 due next week**

• **Vignettes Posted: IJ**

**Week 9: Wednesday, October 24, 2018**

**Professional Content Update #2 due**

More on general counseling strategies/techniques

Work in fishbowl or booths; do we notice any wellness issues that may be emerging in our fishbowl work?

• **Vignettes Posted: KL**

**Week 10: Wednesday, October 31, 2018**

More on general counseling strategies/techniques

Work in fishbowl or booths

• **Vignettes Posted: MN**

**Assignment:** Martin: Chapter 16- The Nature of Emotional Problems  
Chapter 17- A Theoretical Understanding of Therapy

**Week 11: Wednesday, November 7, 2018**

Work in fishbowl or booths

• **Vignettes Posted: OP**

**Assignment:** Practice your counseling skills on everyone you know.  
Don't tell them! Be mindful of systemic issues.

**Professional Content Update #3 due next week**

**Week 12: Wednesday, November 14, 2018**

**Professional Content Update #3 due**

Review of skills

Work in fishbowl or booths

• **Vignettes Posted: QR - THESE WILL BE AVAILABLE FOR TWO WEEKS.**

**Assignment:** Practice your counseling skills on everyone you know.  
Don't tell them!

**Assignment:** Martin: Chapter 8 - Beyond Skills  
Appendix B - On Being a Client

**Week 13: Wednesday, November 21, 2018 - No Class Today. Thanksgiving!**

**NO NEW VIGNETTETS THIS WEEK; DON'T E-MAIL ME ABOUT THEM  
NOT BEING AVAILABLE! SHEESH!**

**Week 14: Wednesday, November 28, 2018**

Review of skills

Work in fishbowl or booths

• **Vignettes Posted: ST - THIS IS THE FINAL VIGNETTE ASSIGNMENT!**

**Assignment:** Practice your counseling skills on everyone you know.  
Don't tell them!

**Assignment:** Martin: Appendix A - Observing Bob Lee  
Appendix A - Observing David Martin  
Appendix A - Observing Morgan Henderson

**Week 15: Wednesday, December 5, 2018**

Work in booths

**Assignment:** Practice your counseling skills.

**Assignment:** Martin: Chapter 18 - Research Evidence

**Week 16: Wednesday, December 12, 2018 - FINAL DAY OF CLASS**

Work in booths

**Assignment:** Practice your counseling skills on everyone you know. Don't tell them!

**Assignment:** Final Exam next week. Comprehensive; essay . . .

----- **End of Regular Class Meetings** -----

**Week 17: Wednesday, December 19, 2018 - FINAL EXAM**

**FINAL EXAM SCHEDULE: Wednesday, December 19 from 1:15 p.m. to 3:15 p.m.**

**FINAL EXAMINATION:** Martin Chapters 8, & 16-18; ethics, discussion.